NATIONAL KIDNEY HEALTH MONTH
Carol Nwelue, MD, Internal Medicine, Baylor Scott & White Health

{**ON CAM**}
IF SOMEONE WERE TO ASK YOU - ‘WHAT DO YOUR KIDNEYS DO?’
WOULD YOU KNOW THE ANSWER?

{**TAKE VO**}
TRT:
MARCH IS NATIONAL KIDNEY HEALTH MONTH - SO IF YOU’RE NOT SURE WHAT YOUR KIDNEYS DO ... THIS IS A GOOD TIME TO LEARN.
YOUR KIDNEYS ARE RESPONSIBLE FOR REMOVING TOXINS FROM YOUR BLOOD AND ARE ESSENTIAL TO GOOD HEALTH.
DOCTOR CAROL NWELUE [WELL-UH-WAY] SAYS PEOPLE OVER THE AGE OF SIXTY OR THOSE WITH CERTAIN RISK FACTORS MAY NEED TO SCREEN FOR KIDNEY DISEASE - SINCE IT IS DIFFICULT TO DETECT UNTIL THE ADVANCED STAGES.

{**TAKE SOT**}
Carol Nwelue, MD
Baylor Scott & White Health
TRT: 14
Some of the patients that we're seeing are coming in with shortness of breath. With excess swelling, especially in the legs. They're not urinating as much. The urine is very dark; they're very tired. These can be signs of kidney disease as well.

{**ON CAM**}
DOCTOR NWELUE SAYS RISK FACTORS FOR KIDNEY DISEASE INCLUDE HIGH BLOOD PRESSURE AND DIABETES.