RISE IN DRUG RESISTANT SHIGELLA
Carol Nwelue, MD, Internal Medicine, Baylor Scott & White Health

**ON CAM**
THE C-D-C IS SOUNDING THE ALARM ABOUT A NEW, DRUG-RESISTANT STRAIN OF A BACTERIA CALLED ‘SHIGELLA’.

**TAKE VO**
INTERNAL MEDICINE DOCTOR CAROL NWELUE (UH-WAY-LUH-WAY) SAYS THE SYMPTOMS OF A SHIGELLA INFECTION ARE PRETTY UNPLEASANT AND MOSTLY GASTRO-INTESTINAL RELATED. NUMBERS OF SHIGELLA WERE ALREADY ON THE RISE IN THE U-S ... AND NOW THE C-D-C SAYS THEY’RE SEEING ABOUT A FIVE PERCENT INCREASE IN THE NUMBER OF DRUG-RESISTANT CASES. THAT CAN BE A PROBLEM FOR TREATING THE CONDITION — WHICH IS WHY DOCTOR NWELUE (UH-WAY-LUH-WAY) SAYS PREVENTION IS IMPORTANT.

**TAKE SOT**
Carol Nwelue, MD
Baylor Scott & White Health
TRT: 22
“So someone has a bowel movement who has this, in some way, you know, they don’t wash their hands. Maybe they’re making a meal. Maybe the baby has it, We’re changing the diaper and don’t wash our hands as well as we should. We eat and we introduce it into our mouth and into our GI tract. That’s how it’s spread. Um, how can we prevent that? Washing hands. Washing hands, washing hands.”

**ON CAM**
THE C-D-C SAYS CHILDREN UNDER FIVE ARE MOST AT RISK FOR CONTRACTING THE DISEASE. MANY OUTBREAKS ARE IN SCHOOL OR DAYCARE SETTINGS.