A new study out of the United Kingdom says men diagnosed with the most common type of prostate cancer can often delay aggressive treatments or surgery. But, not all doctors agree.

Urologist Ilana Mendelow says men are often screened via blood testing for something called a ‘P-S-A’ level. Elevated P-S-A levels can indicate the presence of prostate cancer. But she says the presence of a higher P-S-A level doesn’t necessarily warrant action.

“We know that not all prostate cancers are life-threatening. Some can be very slow growing. Just because someone has an elevated PSA doesn't mean we’re automatically going to go to more invasive methods.”

Since prostate cancer is the second most common cause of cancer death for men in the US, doctor Mendelow says timely treatment is still needed for more aggressive types of prostate cancer. But… as the latest study indicates … for the majority of men … taking a ‘wait and see’ approach may be an option.