

SCHEDULE YOUR BACK-TO-SCHOOL EXAM
Anna Dick, NP, Baylor Scott & White Health

{**ON CAM**}

PREPARING FOR A NEW SCHOOL YEAR CAN BE A HECTIC TIME – BUT DON'T FORGET TO SCHEDULE YOUR BACK-TO-SCHOOL EXAM.

{**TAKE VO**}

NURSE PRACTITIONER ANNA DICK SAYS CHECKING IN WITH YOUR PEDIATRICIAN BEFORE GOING BACK TO SCHOOL IS AN IMPORTANT TOUCHPOINT TO FLAG ANY ISSUES AND ENSURE GROWTH IS ON TRACK. IT'S ALSO A CHANCE TO UPDATE THE IMMUNIZATIONS THAT MAY BE REQUIRED FOR YOUR CHILD TO ATTEND SCHOOL. DICK SAYS WHAT THE EXAM WILL COVER IS TAILORED TO YOUR CHILD'S AGE.

{**TAKE SOT**}

Anna Dick, NP
Baylor Scott & White Health
TRT: 15

"For our younger kids, we focus a lot on developmental milestones, how they're growing, what they're eating and how they're sleeping. For our older kids, we might focus a little more on play safety, so safe bike riding, safe swimming habits."

{**ON CAM**}

DICK SAYS FOR TEENS AND PRE-TEENS, THE CONVERSATION MAY ALSO INCLUDE SAFELY USING SOCIAL MEDIA AND HEALTHY PEER INTERACTIONS.