

ASPARTAME HEALTH WARNING

Carol Nwelue, MD, Internal Medicine, Baylor Scott & White Health

{**ON CAM**}

POPPING THE TOP ON A DIET SODA? THE WORLD HEALTH ORGANIZATION WANTS YOU TO THINK TWICE ABOUT CONSUMING WHAT'S IN IT.

{**TAKE VO**}

ASPARTAME IS A POPULAR PRODUCT USED IN MANY DIET AND SUGAR-FREE PRODUCTS.

AND THE W-H-O NOW SAYS ASPARTAME MAY BE LINKED TO DEVELOPING CANCER.

IT'S IMPORTANT TO MENTION – THE U.S. FOOD AND DRUG ADMINISTRATION DISAGREES WITH THAT FINDING.

ACCORDING TO THE F-D-A ... ASPARTAME IS STILL SAFE TO CONSUME WITHIN RECOMMENDED LEVELS.

SO, WHAT TO DO?

INTERNAL MEDICINE PHYSICIAN CAROL NWELUE (UH-WAY-LU-WAY) SHARES SOME PERSPECTIVES THAT MAY HELP YOUR DECISION.

{**TAKE SOT**}

Carol Nwelue, MD

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TRT: 25

“So, the ‘WHO’ categorizes the risk of cancer into four categories. Category one, no risk of cancer. Two-A is there is a possible risk, and that’s where aspartame is at this point. Two-B is there is likely a risk. And three is there is absolutely a risk between this product or device and developing cancer.”

{**ON CAM**}

THE W-H-O'S ANNOUNCEMENT PLACES ASPARTAME IN THE SAME CANCER-CAUSING-CATEGORY AS RED MEAT AND EXTREMELY HOT DRINKS.