# SURGE IN UNDER-FIFTY CANCER RATES Tresa Mcneal, MD, Baylor Scott & White Health

## {\*\*ON CAM\*\*}

CANCER RATES AMONG THOSE FIFTY AND UNDER APPEAR TO HAVE SEEN A SHARP INCREASE IN THE PAST THIRTY YEARS ... ACCORDING TO A NEW STUDY.

# {\*\*TAKE VO\*\*}

THE STUDY PUBLISHED IN THE JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION LOOKED AT DATA FOR MORE THAN FIVE HUNDRED PEOPLE AND FOUND WOMEN AGES THIRTY TO THIRTY-NINE SAW THE BIGGEST SPIKE IN CANCER RATES... THOUGH THEY ROSE ACROSS THE BOARD FOR PEOPLE UNDER AGE FIFTY.

WHILE THE MAJORITY OF WORLDWIDE CANCER CASES ARE STILL IN THOSE OVER THE AGE OF SIXTY-FIVE...

INTERNAL MEDICINE PHYSICIAN TRESA MCNEAL SAYS THE STUDY DOESN'T POINT TO ANY CAUSES FOR THE INCREASE... BUT THE ANSWER IS LIKELY COMPLEX.

### {\*\*TAKE SOT\*\*}

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It can also be related to how our immune system works and what our daily habits are. Are we getting enough sleep? The study did specifically ask the question of whether sleep could be having a factor here. So, there's many things that contribute to cancer risk.

#### {\*\*ON CAM\*\*}

CANCERS INVOLVING THE DIGESTIVE SYSTEM SAW THE BIGGEST INCREASE... ACCORDING TO THE DATA... WITH A FIFTEEN PERCENT INCREASE IN EARLY-ONSET CASES.