

DIABETES: “DEFINING DISEASE OF THIS CENTURY”

John Myers, DO, Family Medicine, Baylor Scott & White Health

{**ON CAM**}

A PROMINENT MEDICAL JOURNAL IS SOUNDING THE ALARM ON GLOBAL DIABETES RATES – PROJECTING IT WILL BE THE “DEFINING DISEASE OF THIS CENTURY.”

{**TAKE VO**}

IN A RECENT EDITORIAL PUBLISHED IN THE LANCET MEDICAL JOURNAL ... THE PUBLICATION’S BOARD PROJECTS THAT – IN JUST THIRTY YEARS – THE NUMBER OF PEOPLE WITH DIABETES IS ON TRACK TO DOUBLE TO ONE POINT THREE MILLION.

AND THOSE INSIGHTS CORRESPOND TO WHAT WE SEE HAPPENING IN TEXAS – THE C-D-C PROJECTS NEARLY A QUARTER OF OUR POPULATION WILL HAVE DIABETES BY 20-40.

FAMILY MEDICINE PHYSICIAN JOHN MYERS SAYS THE IMPACT OF DIABETES EXTENDS FAR BEYOND THE PERSON WHO HAS IT.

{**TAKE SOT**}

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“People who have diabetes end up missing a lot more work because they’re having more doctor’s appointments. They’re dealing with other chronic issues, such as getting a diabetic foot ulcer or diabetic retinopathy, which affects their eyes. And so you extrapolate every individual person with diabetes on a population level, and it starts to impact almost everything.”

{**ON CAM**}

THE LANCET SAYS NINETY-SIX PERCENT OF THOSE WITH DIABETES HAVE “TYPE TWO” DIABETES ... WHICH IS OFTEN LINKED TO OBESITY.

DR. MYERS SAYS HE SEES MANY PATIENTS WITH PRE-DIABETES WHO ARE ABLE TO REVERSE THE TREND WITH LIFESTYLE MODIFICATIONS. HE ENCOURAGES PEOPLE TO GET SCREENED FOR THE DISEASE.