AN ALZHEIMER’S DIAGNOSIS CAN ALREADY BE AN INCREDIBLY ISOLATING EXPERIENCE - BUT AN ALZHEIMER’S DIAGNOSIS DURING A PANDEMIC - THAT CAN MAKE THE ISOLATION EVEN WORSE.

{**TAKE VO**}
BAYLOR SCOTT AND WHITE NEUROLOGIST BLAKE FREEMAN SAYS A LACK OF ACCESS TO CARE AND GREATER SOCIAL ISOLATION ARE TWO SYMPTOMS OF THE PANDEMIC WHICH HAVE REALLY HURT THOSE LIVING WITH THIS DIAGNOSIS. BUT HE SAYS - THERE ARE THINGS PATIENTS AND THEIR FAMILIES CAN DO.

{**TAKE SOT1**}
TRT: 15 “MAINTAINING SOME LEVEL OF PHYSICAL ACTIVITY, EXERCISE... AND THEN DIET IS VERY IMPORTANT...WE GENERALLY RECOMMEND ADHERING TO THE MEDITERRANEAN DIET.”
OR

{**TAG VO**}
ALTHOUGH THERE IS NO CURE... DR. FREEMAN SAYS THERE ARE MEDICATIONS THAT CAN SLOW THE DISEASE’S PROGRESSION- SO GETTING DIAGNOSED EARLY IS IMPORTANT.

{**ALTERNATIVE SOT#2 **}
TRT: 14 “WHEN YOU NOTICE SOMEONE MAY BE REPEATING CONVERSATIONS ON A REGULAR BASIS, ROUTINELY FORGETTING WHERE THEY PUT OBJECTS, THOSE ARE KIND OF SOME EARLY TELLTALE SIGNS.”

{**OUTRO **}
IF YOU HAVE QUESTIONS ABOUT YOUR OWN LOVED ONE, TALK TO YOUR DOCTOR.